



Michel'e Bertrand Psychotherapy

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Privacy and Confidentiality

Below are the legal limits to confidentiality that pertain to psychotherapy services in Ontario that we discussed at our initial complimentary consultation and that are contained in my Service Agreement and Informed Consent

As part of our professional relationship, we each agree not to make recordings (audio or video) of our sessions together.

I will hold all aspects of your involvement in psychotherapy with me in confidence. I will not discuss information you reveal to me with outside parties without your written consent. There are some exceptions to this, some of which we discussed in our initial consultation. These are where I am legally and/or ethically required to disclose confidential information to an appropriate authority in the following circumstances:

- 1) If I become concerned you may harm yourself or someone else
- 2) If you reveal apparent, suspected, or potential child (under 16) abuse or neglect
- 3) If you report sexual abuse by a Regulated Health Care Professional
- 4) If the court issues a summons to me for records or testimony
- 5) If I am required by law to comply with an investigation or inspection
- 6) If I need to contact a relative, friend or substitute decision maker if you are injured, ill, incapacitated, or otherwise unable to give or withhold consent
- 7) If I am required to provide information about our work and/or the records I keep, for example as part of the CRPO's Quality Assurance program, or to facilitate an investigation or complaints process; or in the case of mandatory reporting of unsafe practices if, for example, you are a regulated health professional and you have sexually abused a client.

I understand the limits to confidentiality outlined above and agree to proceeding with psychotherapy.

Signature _____

Date _____